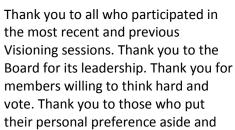
The Unitarian Church of Harrisburg: Building Bridges, Celebrating Community



The Rev. Dr. Tony Johnson is serving as UCH Minister 2018-19.

First things first.



voted in support of the sale of 1508 Market Street. Thank you to those of you who have stood by this church for years and decades. Thank you to those who have joined this church in a time of transition.

Second thing: a story.

Worship Services

Sundays at 9:30 a.m. Market, 11:30 a.m. Clover

Date	Торіс	In the Pulpit
3-Mar	Fat Sunday Multi-	Rev. Johnson
	generational Service	
10-Mar	Still Passionate after All	Rev. Johnson
	lThese Years	
17-Mar	Reach Up! Reach Out!	Rev. Johnson
	Stewardship Sunday	kev. Johnson
24-Mar	Hymn Jam for Hope	Various
31-Mar	Little Boy: The Poet	Rev. Johnson
	Lawrence Ferlinghetti at 100	

I recently spoke on the phone with my best friend, whom I have known since we were both about 12 years old. I say "about" since we were born 11 days apart and cannot, therefore, ever be exactly the same age. He is a retired minister in the United Church of Christ. He has been enjoying life with his wife living by Buzzard's Bay and the Cape Cod Canal, the fine adults his three sons have become, and his grandchildren. He attends the Congregational (UCC) church in the town where he lives. When we last spoke, he said, "The order of service at our little church here looks just like the one at the First Congregational Church when I was growing up." I could almost hear his head shaking as loud as his words, "No wonder there are so few members." His childhood church, founded in 1685 with the town of Danbury, CT (current population 80,000), has shrunk to fewer than one hundred members and is selling its building to the city.

Third: The future that starts now.

Those of you who participated in the February 16 Visioning 3 session heard me read these words by Michael Durall, congregational consultant, fund-raising guru, and UU layperson: "The UU church of the future will be unrecognizable from any UU church of today, and from any that has ever existed. Anyone now over 50 years of age may find the description of this church preposterous, but would probably enjoy going there, nevertheless." (I encourage you to read his description in the final chapter of his book *The Almost Church*.)

The Unitarian Church of Harrisburg is about to sell the Market Street church building, which will ease cash flow but solve none of the real issues, which Congregational Life Team chair Sandy Hamstra addresses elsewhere in this issue of **The Reporter**. There are opportunities as well as issues. For example, during Visioning 3, several participants suggested different venues and forms of real estate tenure for the future, including cooperative ownership of shared space. These were not the only exciting ideas offered. This is Visioning!

It is time to dream big. And it is time to dream differently. That's the point of Visioning. The biggest group of participants in Visioning 3 were Baby Boomers, people like me, who are in the final act of our careers and, perhaps, even our lives. It is time for UCH to stop looking and acting like something designed for my generation. The job of older members and leaders is to use the wisdom and resources we possess to strengthen the institution so it can change under the leadership of Gen Xers and Millennials—and thrive.

This year's annual budget canvass kicks off on March 17 with services at both buildings and a post-service luncheon and program at Clover Lane. This is your opportunity—whatever your generation—to support the future that only the youngest of you can control. For my part, that means beginning to make changes in worship and other areas of ministry to create more welcome and room for members of younger generations.

This year's stewardship theme is *Reach Up and Reach Out!* **Reach up** to fulfill our highest aspirations! **Reach out** to connect with other people and bring them into this community.

Yes, the future starts now.

The Rev. Dr. Anthony P. Johnson



President's Message



By David Spear, President, Board of Trustees

I was overwhelmed with the showing of solidarity at the congregational meeting on Feb. 3. Approximately 150 people attended the meeting. 184 people cast ballots, including 37 absentee ballots. This represents 80% of all eligible voters. The nearly unanimous vote of 181-3 demonstrates that the congregation

supports the sale, even as we know that many people are saddened that it was necessary. Thank you for pulling together and showing that our congregation remains united.

This is the first of several major steps that will be required over the next couple of years. With continued solidarity, we can accomplish them all.

THE SALE SIGNIFICANTLY HELPS our finances, cutting our budget deficit by 50%. As we prepare the budget for the 2019-2020 church year, we will work to alleviate the other 50%. Many of the options that were discussed a few months ago are still in play, and we must determine our priorities to create a sustainable future.

Some of this will depend on the stewardship campaign that is now underway. Higher pledging, of course, implies fewer cuts and expanded opportunities. Many of you responded generously to the special fundraising campaigns last year, and if pledges are fully paid, we should end this fiscal year as planned, using only a modest amount of music endowment funds to meet expenses. And if these levels of giving can continue, we may be able to adopt a truly balanced budget for the first time since 2012.

Please attend the stewardship kickoff luncheon after the Clover Lane service on Sunday, March 17. Lunch will be provided, and you do not need to bring anything. Just come and learn about this year's stewardship campaign goals and provide your vision for the future of our congregation. We have an opportunity to take the next exciting steps in our church's growth and development. I encourage you to add your voice as we "Reach Out and Reach Up". And if you wish

to volunteer with the stewardship campaign, Ed Sykes would be glad to hear from you.

On the following Sunday, March

Sunday Trustee Assignments			
Date	Market Street	Clover Lane	
3-Mar	Guy Dannelley	Patti Hazell	
10-Mar	Rima Cameron	Patti Hazell	
17-Mar	Guy Dannelley	Dennis Hursh	
24-Mar	Lois Voigt	David Spear	
31-Mar	Lois Voigt	Joe Melillo	

24, there will be a Town Hall meeting at Clover Lane to discuss the first draft of the upcoming budget. The Finance Committee will present the broad strokes of what is anticipated, reflecting the impending building sale. Please attend, both to learn more and to give your input. We need to know what your priorities are.

THE OTHER SIGNIFICANT STEP is to chart our path forward. We are in the middle of change, and these are the moments when we must be especially attentive to our path. We must set our own direction, not allow the future to determine it for us.

As we sell one of our buildings, who are we? How have the last 10 years changed us? Are we any different than we were two years ago? And where exactly do we go from here? What are our priorities? What do we want to be in 20 years? Should we be anything different than we are now? What will the future require?

Rev. Johnson has been leading us through Visioning workshops. This is vital work, so I implore you to become involved. If you have been to any of the previous three workshops, please continue to attend and encourage others to join you. It's a slow process, but we have made important progress already. Successful organizations are always looking forward, and we must do the same.

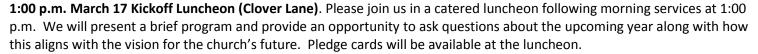
I CONTINUE TO BELIEVE that there are good days ahead of us. Continuing our solidarity, we can make the current transition smoothly and effectively. You demonstrated at the congregational meeting that we can remain unified as we make significant changes in direction. Whatever change comes next, we can do it together.

Sincerely,

David Spear

Stewardship Campaign Kicks Off March 17

Our annual Stewardship Campaign is March 17-April 28, as we prepare for taking our next steps to "Reach Up and Reach Out!" to accomplish our mission.



1:00 p.m. March 24 Town Hall (Clover Lane). As noted above, the Finance Committee will present an update on our financial situation for next year.

April 28 Campaign Closes. The pledge campaign ends April 28, at which time we will finalize the budget for 2019-20.

—Submitted by Ed Sykes, Chair

Reach Out!

RE Question Corner with DRE Sara Palmer

By Sara Palmer, DRE



We've had renewed interest in the Religious Exploration (RE) program at UCH! Folks are asking great questions and sharing concerns about how RE works and what we're working towards. Several people have asked what being an RE volunteer involves and what the signing-up process looks like.

First, I encourage everyone to visit the <u>RE Committee page</u> on the UCH website. Our RE Committee in 2018-19 is: Amy Firestine, chair; Bridgette Parker; Tony Morgan; Lenka Platt (youth member); JT Thomas (youth member); and me. You'll see our current vision and mission statements. As UCH develops a new vision for the future of our congregation, I look forward to the RE Committee creating a complementary vision for our Religious Exploration. The RE Committee page also contains the covenant we abide by as RE Committee members. I find trying to live by this covenant in our relationships helps me try to model the same type of respect and care we want to develop in individuals, families, and children at UCH. I know I'm not perfect, but having an agreed-upon set of standards helps others to call me in to remind me of what we hope to achieve together.

Secondly, we encourage members and visitors to attend our RE Committee meetings which are usually held the first Sunday of each month. We choose between in-person meetings held from 1:15-2:45 at Clover Lane and Zoom (online) meetings held Sunday evenings. RE Committee members work alongside me (the DRE) to plan out children's curriculum and structure, organize and support volunteers, plan events, listen to feedback from members and visitors, and handle supplies and inventory.

If you are interested in attending an RE Committee meeting to share your thoughts or just observe, contact Amy Firestine to find out where we'll be meeting next. Due to a packed agenda each month, she'll need advance notice if you want a spot on the agenda. If you're interested in sharing thoughts about RE but can't attend a meeting, please speak to any of our RE Committee members during social hours, or via email, phone, or text. They'll be sure to share at the next meeting or earlier if need be.

And of course that leads to the third point - volunteering. How do we sign up? We have a two-step process in place for adults who want to volunteer behind the scenes (not directly with children and youth,) and a four-step process in place for folks who want to work with children and youth. WE NEED BOTH KINDS OF VOLUNTEERS!

For behind-the-scenes folks:

- 1. Apply through the <u>Children's RE page</u>, click on the Volunteer Registration button, and fill out the form.
- 2. DRE or RE Committee members will contact you to help out with the areas of interest you chose. Sometimes this is ongoing; often it's on an as-needed basis.

For folks working with kids:

- 1. Apply through the <u>Children's RE page</u>, click on the Volunteer Registration button, and fill out the form.
- 2. The DRE will contact you to let you know if we already have your three mandatory child abuse clearances on file, or instructions on how to get them. Two of the three are always free; one may be free or the church can reimburse you (\$20) upon request.
- 3. After we have your child abuse clearances, you'll receive a link to our online RE training packet. This was created in lieu of in-person training for RE Leaders and Helpers, but in-person support is provided whenever you need it. It includes:
 - our RE volunteer covenant
 - how (and where) to sign up for RE sessions
 - safety instructions
 - mandated child abuse reporting procedures

It also includes a link to the RE Training Quiz - a six-question check that states you understand and agree to the content in the training packet. You must pass the quiz before you can sign up to volunteer.

4. After you've passed the RE Training Quiz - YOU CAN SIGN UP at our dedicated sign-up link! :)

To provide robust, vibrant, consistent Religious Exploration experiences to children, families, and individuals, RE needs all of us to commit to helping at least 8-10 times throughout the church year in both behind-the-scenes and direct-work situations.

The RE Committee and I are beyond grateful for the adults who exceed this minimum number, and we also understand that "many hands make light work." Religious Exploration is the responsibility and privilege of every member of UCH. Please consider how you can share your time, talent, or treasure with RE in the coming months and years. What can YOU do to help RE?

Next month I'll be back to explain more about what an RE Leader or Helper does to work with our children and youth!

Thanks, Sara

The Neutral Zone

When our congregation voted to move ahead with the sale of the Market Street property, we officially put ourselves on track for some major changes. We have already begun the difficult process of letting go of the Market Street space, which has been a spiritual home and location of many "family" memories. It has been the location for the pancake breakfasts and Community Hours managed by Gather the Spirit. It has also been the site for community events that helped to get out the vote, that have housed the March on Harrisburg folks, and that have hosted meetings for the Poor Peoples Campaign. There will be a need for sorting, packing, repurposing and moving. With all of these activities, we will begin the transition marking a change in our identity and purpose. We are deep into a process of redefining ourselves and deciding where we as a congregation are going in the next 20 years through the visioning process. But we are not there yet. We still do not have a clear picture or an agreedupon direction. The lyrics from a favorite song, "Woyaya," come to mind:

We are going, heaven knows where we are going, But we know within.

And We will get there, heaven knows how we will get there, But know we will.

Yes, We will get there, heaven knows how we will get there, But we know we will.

It will be hard we know

And the road will be muddy and rough,

But we'll get there, heaven knows how we will get there, But We know we will.

Heaven may know where we are going, but we still don't. In their book, *Managing Transitions*, William and Susan Bridges speak of this transitional phase that they call "the neutral zone" because it is "the nowhere between two somewheres." It is a time when everything is in flux. Marilyn Ferguson, an American Futurist, says, "It is not so much that we're afraid of change or so in love with the old ways, but it's that place in between that we fear...It's like being between trapezes. It's Linus when his blanket is in the dryer. There is nothing to hold on to."

We may experience this neutral zone as a time when forward motion seems to stop while we hang suspended between what was and what will be. Some of us may feel more anxious, less motivated, overloaded or frustrated. As a congregation it can be a time of ambiguities or for some, while for others it may be a time when we are tempted to go back to old ways and avoid other changes.

The Bridges emphasize that this is also a very creative time. They have observed that healthy organizations can use the

chaos of the neutral zone as fertile ground for new ideas and seizing new opportunities. It is a time when reorientation and redefining must take place. It is a time for thinking outside the box, being creative, and being courageous. This is our time to ask ourselves the hard questions. What risks are we willing to take to grow this congregation? How can we make this congregation more relevant to the next generation? How can we minister to each other and our hurting world in meaningful ways? How can we empower people to serve outside our walls? How committed are we to making UCH a more vibrant, exciting, justice-seeking force in the greater Harrisburg area?

The neutral zone can be an exciting time but also a difficult time. We need to be aware of the pitfalls that can loom and help each other to navigate safely to the new "somewhere" that is yet to be determined. Here are some suggestions to help us.

- We can do our best to stay connected with each other. Attend worship and stay for coffee hour. Offer support to each other by listening and not judging. Take advantage of programs that feed your soul and help you to grow. Attend events that are designed to help support and process the feelings that changes can bring.
- We can make sure that our communications are clear and direct. Watch for articles and announcements in **THE REPORTER** or *News You Can UU's* about the progress with the transition. Make sure that your source is reliable before passing on information to others.
- We can facilitate upward communication so leadership is informed about how the transition is going for members. If you have concerns, questions or feedback for the Board, speak to a Trustee during coffee hour or drop them an email. The Congregational Life Team is also available for listening.
- We can volunteer to assist with the duties that will need to be completed to move us into the future. Many hands make light the work and also help to unite us as a community. There will be needs for hands to assist with the sorting, packing and moving of items from Market Street for both UCH and Gather the Spirit. Watch for announcements and offer some of your time for this physical part of transitioning.

Let's use our time in the neutral zone for creating together, planning together, working together and caring for each other. We can build a congregation that is energized by shared purpose and a desire to make the world a better place.

— Submitted by Sandy Hamstra, Chair, UCH Congregational Life Team

March Share the Plate: Oliver LaGrone Scholarship Fund

Each month, we share half of our Sunday plate with a local non-profit organization. In March, we share the plate with the LaGrone Scholarship Fund.

The <u>Oliver LaGrone Scholarship</u> is a social justice program focused on graduates of Harrisburg High School. One applicant is chosen annually based on academic achievement, financial need, and other life challenges. The Selection Panel taps two City of Harrisburg residents as well as one youth and two adult members of the UCH. A LaGrone Mentor associated with the UCH connects with his/her LaGrone Scholar throughout postsecondary study.

The 2019 LaGrone Scholarship will be for \$8,000 over four years. After submitting evidence of continuing academic progress, Scholars typically receive their Scholarship in semester increments. The Oliver LaGrone Scholarship Committee continuously refines the program to meet the evolving needs of individual LaGrone scholars.

UCH member Oliver LaGrone (1906-1995) helped establish the scholarship program in 1974 by donating the proceeds from the sale of a bronze casting of The Dancer. The program was reconfigured in 1991 in its present form, focusing on a single scholar with a UCH mentor. The first scholar was Leland Nelson, now a successful businessman and president of the African-American Chamber of Commerce of Central PA. His mentor was UCH member Joan Hellmann.

Shalom House Begins Plans for Market Street Facility

Shalom House is already working hard to implement its plans for the Market Street building. Engineers and architects have been crawling around the building, verifying measurements, planning for conduits, and familiarizing themselves with the building. They clearly have a unified team who is passionate about their work. Pictured in the accompanying photo are Donna Shuler, Chief Executive Officer (CEO) of Shalom House; Jo Pepper, Executive Director, Capital Area Head Start; and Robert Bausinger, Regional Director of Capital Area Head Start. The trio met at Market Street to review architectural plans for the site.

UCH continues to work with Shalom House regarding the contract and the sale. We have retained Bruce Grossman as our lawyer to help us review the contract and avoid any difficulties. We hope to close on the sale by the end of March.



Rev. Johnson has also established a transition team, to help plan the removal of our items from the building. The team is coordinating with Gather the Spirit (GTS) to verify ownership. Much of the moving will be done by professional movers, but please look for announcements about opportunities for the congregation to be involved.

—Submitted by David Spear

UCH Legacy Society

With a long-term view for UCH financial stability, the Board of Trustees created our Legacy Society Committee in 2016 to encourage members and friends to remember UCH in their wills and estate plans. We are working to help that happen and encourage all to "keep our flaming chalice burning for future generations" by remembering UCH in your will or estate plan.

The UCH Legacy Society will consist of members and friends who include UCH in their wills and estate plans. Please feel free to contact any of the following for additional information: <u>Jim Cavenaugh</u>, <u>Joan Hellmann</u>, <u>Joe Melillo</u>, or <u>James Henninger-Voss</u>.

—Submitted by Jim Cavenaugh



Baby Steps in Examining Whiteness: White Identity Development

Beginning in 2017, a lay-led group of UCH members and friends collaborated in exploring the Examining Whiteness: An Anti-Racism Curriculum available from the Unitarian Universalist Association (UUA). JD Stillwater and Karen Mallah led the 2017 workshop, and Chris Dutton, Kara Schmidt and Cordell Affeldt facilitated bimonthly "Baby Steps in Examining Whiteness" in 2018. For 2019, Chris and Cordell have prepared a monthly "Home Alone" compilation of audio, visual and text materials on the topic.

White Identity Development

Examine the expectations upon which White normative culture rests. Deconstruct the rightness of whiteness. Click on the links for a revealing look at how White ethnocentrism is socially constructed:

- Video: "How Can I Have a Positive Racial Identity? I'm White," Ali Michael, TEDxCheltenham, PA (16.5 min; avoiding guilt; well worth your time)
- Radio: "Can We Talk About Whiteness", National Public Radio (NPR) Code Switch Podcast, Episode 1, (37.5 min, but can start at 4.5 min; blunt and thoughtprovoking)
- Article: "Whiteness and White Identity Development,", Megan Lietz (Culture and Youth Studies; insightful how-and-why analysis)
- Radio: "White Peoples' Fragility," NPR Weekend Edition interview with Dr. Robin

DiAngelo, author of White Fragility: Why It's So Hard For White People To Talk About Racism. (7.03 min; shorthand take on the lifework of this noted scholar)



Talking makes learning richer. You are also invited to conversations on whiteness. Join us during coffee hour, immediately following Sunday services: first Sunday at Clover Lane (March 3), second Sunday at Market (March 10).

- Submitted by Cordell Affeldt

LaGrone Book Shuffle: April 21 and 28

Spring is coming and with it comes the LaGrone Book Shuffle. We want to "shuffle" some of your good reads to worthy buyers. And maybe entice you to make a home for someone else's well-loved, needy books.1

Bring in your used books on April 7 and 14 before and after services. Deposit them with a friendly volunteer in the Alcott Room at Clover Lane or in the Community Room at Market Street. Or bring your books during the week (either location) and they will be sorted and arranged for sale by our volunteers.

Intake April 7 and 14

We will sell the books on April 21 and 28 before and after services at Clover Lane, to

your fellow congregants and whoever else shows up for our unbelievable bargains. We'll also be open for business during the coffeehouse, and we'll have an honor system for those who come by at other times.

All funds raised benefit the Oliver LaGrone Scholarship Fund. A LaGrone scholarship is awarded each year to provide financial assistance to students of the Harrisburg School District for post-secondary education. In addition to awarding the scholarship, the Oliver LaGrone Scholarship Committee assigns to each scholar a mentor from the congregation, who keeps in touch with the student and provides encouragement and advocacy as needed.

We need volunteers!! We will have hundreds of books and other media to intake, organize and arrange for sale. Please contact Diane Stables for more information.

-Submitted by Diane Stables

Sale April 21 and 28

¹ In addition to books, we accept CDs, DVDs and vinyl! Unfortunately, we cannot accept encyclopedias, textbooks, magazines, cassette tapes, or VHS tapes.

Gather the Spirit

Gather the Spirit for Justice (GTS) is a non-profit 501(c)3 organization that brings together Allison Hill residents, area organizations, businesses and churches to address issues of social justice and economic equity. Among other things, it operates the Common Ground Community Center three mornings a week and the Common Ground Café (CGC) on the last Saturday of the month. It operates from UCH's Market Street campus.

Community Hours

During our weekday Community Center hours, we continue distributing personal care items, assistance with state IDs, meditation classes and physical therapy. Winter hats, coats and gloves fly out the door. We are grateful for the monthly presence of Hershey Med nurses.

Common Ground Café

We continue to serve approximately 150-200 breakfasts each month, normally on the last Saturday. At the Saturday breakfast in January we served 156 people. Many thanks to "our own" Wendy Shaver for arranging an extra cadre of volunteers (photo) for the February breakfast. Please note that our final breakfast at the Market Street location will be Saturday, March 16 (third Saturday).



Gather the Bands

We had a very successful Gather the Bands fundraiser Feb. 17 at Appalachian Brewing Co., raising over \$4,500. GTS hosted three bands: <u>Hard Travelin'</u>, <u>Arcona Reel Band</u>, and <u>Positive Force Experience</u>, and two dance groups: the <u>SugarSnaps</u> jazz dancers from Lindy Central and the <u>Keystone Dance Project</u>. There were approximately 100 people in attendance. As you can see from the pictures it was a festive event.





Looking Forward

The search for a new home so far has not been productive. We want to stay in the immediate neighborhood. Any ideas are welcome.

— Submitted by John Hargreaves, UCH Liaison to GTS, with Clay Lambert and Bart Carpenter also reporting

New Members

Please welcome these new members to our congregation!

Rev. Johnson led a three-session introductory course on Unitarian Universalism in January and early February, at the end of which the UCH welcomed seven new members into the congregation. The seven included five youths and two adults. The youths are Grady Bechtel, son of Jane Bechtel and Brad Bechtel; Ellie DeCoursey, daughter of Diana Fishlock; Aubrie and JT Thomas, children of Jack Thomas and Karen Grimm-Thomas; and Owen Trufahnestock, son of Pete and Kendra Trufahnestock. Adults are Chuck Cladell and Kathleen Gorlack.

— Submitted by Bart Carpenter for Membership Action Council



Grady Bechtel



Chuck Cladell



Ellie DeCoursey



Aubrie Thomas



JT Thomas



Owen Trufahnestock

A Note of Thanks

Ed. Note: Eowan Mays is the daughter of UCH member Marilyn McHenry. Many UCH families contributed last fall in her personal efforts to raise funds for the Children's National Health System, formerly known as Children's National Medical Center of Washington DC. The UCH received the following note:

Dear Members of the Unitarian Church of Harrisburg,

Thank you for your generous contributions to Team Cheers in support of Children's National Medical Center. The Race for Every Child was a great success, with nearly 5,550 participants and more than \$1.3 million raised so far! Thank you so much for being part of this special day!

Warm wishes, The Mays Family

Memorial Service for Don Hoskins

We gather at 3:00 p.m. Sunday, March 3, at Clover Lane to celebrate the life of Don Hoskins, who died Dec. 5 at age 88. If you can assist with finger food for the reception or by helping set up, clean up, and/or serve, please contact Marilyn McHenry, Nan Cavenaugh, or Patti Hazell.

Don was a life member of the UCH and played a number of leadership roles over the decades. He served multiple times on the Board of Trustees, including at least one term as President and multiple years as Treasurer; he was a long-standing member of the Finance Committee. He was a long-time member of the Music Ministry, singing in the choir and performing in the annual spring show, Kaleidoscope, as part of the Von Crab Trap Family Singers; he served as stage crew for the church's production of *You're a Good Man, Charlie Brown* in 1993. For a number of years, he was one of the Auction organizers and always made his famous stuffed mushrooms for the event itself. For auction events he offered educational geologic field trips and sailing expeditions on his 28-foot



boat, Galadriel. He was also the maker of the large Christmas wreaths at the Clover Lane church and typically contributed an extra one to the auction. Don was one of the few current members who participated in the church's move from 3509 N. Front Street to the present Clover Lane location in 1963. An obituary appears at <u>PennLive</u>.

Detail Calendar March 2019

Date Time Group Location

Amrit yoga is a form of hatha yoga developed by Yogi Amrit Desai. The entire process moves and stretches every part of your body for an energetic workout and includes a calming, meditative relaxation at the end. No experience necessary! Contact <u>Ed Sykes</u>. Repeats every Monday.

Amrit Yoga (Weekly)

Amrit Yoga

Clover Lane

Tue 5 6:45 Mindfulness Meditation Group (Weekly) Clover Lane

Mindfulness is an acquired skill, practiced while meditating but vital in our everyday lives. Mindfulness is helpful in reducing stress, managing pain, focusing attention, and overcoming habitual negative behavior. Mindfulness can also point the way to spiritual practice, calming the mind and developing awareness and insight.

Mindfulness Meditation

The ability to be mindful is strengthened through consistent practice. Mindfulness Meditation Group provides a space for us to practice together in support of one another. Contact Chuck Daley. Repeats every Tuesday.

Wed 6 6:00 QueenSpirit (Monthly) Clover Lane

QueenSpirit is a co-created women's spirituality circle that meets on the first Wednesday of the month. This month, our topic is "What is the Heroine's ou Journey?" Who does she meet, what are her challenges, how does she change, and how does her story differ from the hero's journey? We will explore these questions, identify some archetypes, and find how our own lives follow this same path. We will use Dorothy's story in the movie, *The Wizard of Oz*, as a guide.

QueenSpirit
The Heroine's Journey

All women, and those who gender-identify as women, are welcome. Please bring a favorite dish, dessert or beverage to share. Bring your place setting and serving spoons and plates. Potluck dinner starts at 6:00 p.m. Circle starts at 7:00 p.m., ending at 8:30 p.m. Contact Rebecca Waldamar for further information

Sun 10 10:00 Sunday Morning Forum (Weekly) Clover Lane

Facilitated by Fred Binkley, Barb Pearce, and others, the group meets for an hour of discussion on Sunday mornings at Clover Lane, with varying topics.

Sunday Morning

- March 3 and 24: Barbara Pearce will lead discussion on current events.
- March 10: Don Brown will lead the discussion on "Six things citizens urgently need to understand about climate change that most don't know." Don is Scholar in Residence at Widener University Commonwealth Law School and Professor for Sustainability, Ethics and Law; he is also the author of numerous publications.
- March 17: Alan Howe will lead discussion on "Running for President."
- March 31: Topic, facilitator TBD

Mon 4

6:30

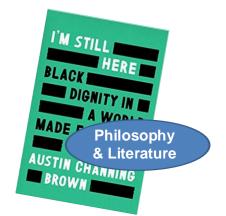
Please contact Barb Pearce for additional information.

Sun 10 7:00 Philosophy and Literature Group (Monthly) Clover Lane

The Philosophy & Literature Group meets on the second Sunday of each month (except May), normally at 7:00 p.m. at Clover Lane. This month, the group meets to discuss *I'm Still Here: Black Dignity in A World Made for Whiteness*, by Austin Channing Brown. From Amazon:

As a white man, I have little access to the experiences of people who have been systematically barred from places of power and privilege in our culture. Thank God for authors like Austin, who - with grace, courage, clarity and wit - invite me to see the world through their eyes. I'M STILL HERE is a powerful look at our world from the perspective of a person excluded by many of the structures and systems that benefit a person like me. This book is challenging, prophetic and beautiful. It's a gift to our word that couldn't have come at a better time.

All are welcome. Please contact <u>Don Brown</u> for information.



Detail Calendar March 2019

Date Time Group Location

Women's Night Out is a lay-led ministry that focuses on the friendship and support of its members and giving back to our local community. We normally meet on the second Tuesday of the month at a local restaurant, alternating locations between the East and West Shores. Each month at dinner, participants take a collection. Proceeds are divided between the Ecumenical Food Pantry and UCH.

Women's Night Out (Monthly)

Women's Night Out Blue Ridge Restaurant

Off-site

Clover Lane

Clover Lane

Our group meets Tuesday, March 12, at 6:30 p.m. at Blue Ridge Family Restaurant, 4408 Oakhurst Boulevard, Harrisburg. [This repeats the February event, which was canceled due to weather.] Please RSVP to Chris Dutton or Diane Stables by the Sunday beforehand.

Sat 16 9:00 Common Ground Café (Monthly) Market Street

Common Ground Café serves its final breakfast at the Market Street location.

The café opens at 9:00 a.m., and you can be a part of the action! No experience necessary, and drop-ins are always welcome. **Final breakfast at current location.**

Please contact John Abbott to volunteer.

Tue 12

6:30

Common Ground Café

Tue 19 10:00 CroneSpirit (Monthly)

The lay-led ministry CroneSpirit meets from 10 a.m. - noon in Fuller Chapel at the Clover Lane campus. Our topic this month is "Ways to Keep Our Minds and Bodies Active." We are:

- A discussion group for women over 65, both UCH members and non-members
- Honoring a crone tradition of conscious female aging and self-power
- For personal enrichment, such as through intellect, knowledge, comfort or companionship, anticipating a maximum of 10 women
- Sharing, listening and learning, without gossip to or about each other

We look forward to seeing you. For information, please contact <u>Joan Hellmann</u>.

Wed 20 6:30 Clover Grove (Monthly)

Clover Grove is a group of earth-centered and pagan spiritualists that meets on the third Wednesday, with a program that varies based on the cycle of seasons and forces of nature. This month, we have the Ostara Egg Hunt!!! Eggs will be hidden throughout the church for folks to find. Each has a hidden message of some sort. If we find them all, great. If not, then they will be found some other time by whoever needs to find it at that time.

Clover Grove Ostara Egg Hunt

CroneSpirit

The evening begins with potluck dinner. All are welcome. Please contact Wayne Minich for further information.

Tue 26 6:30 Auction Planning Committee Clover Lane

The Auction Planning Committee meets the 4th Tuesday of each month in the Priestley Room, Clover Lane location. Come brainstorm ideas, themes, and be a part of the fun, food, & fabulous Auction Committee. Your talent and help planning the 2019 All-Church Auction is always welcome. We are looking for ideas to make this year's auction a huge success, Please contact Patti Hazell for additional information.

Fri 22 7:30 Clover Lane Coffee House Clover Lane

Clover Lane Coffee House occurs September – June, usually on the third Friday. This month, we meet on the fourth Friday to welcome Voices 3. Voices 3 features Sarah Adams and "our own" Kel Kyle and Laura Edinger. They are joined in this concert by Anthony Pieruccini (guitar/banjo), Bill Brown (mandolin/guitar/bass), JD Stillwater (drums) and Jordan Markham (keyboard). Admission \$10 donation at the door, \$25 max per family. Please contact Bill Brown.



March 8-10: Jubilee Anti-Racism Workshop (Devon, PA)

UUA Central East Region is pleased to sponsor the <u>Jubilee Anti-Racism Workshop</u> in Devon, PA (outside Philadelphia), from 6:00 p.m. Friday, March 8, to 4:00 p.m. Sunday March 10, with a break for services Sunday morning. The seminar is open to UU members of any area congregation. The training includes presentations, discussions, videos, exercises, small group work, worship services, and shared meals. The \$160 fee covers materials and meals.

Topics include:

- The history of racism and resistance to racism in the Americas
- Defining racism
- The effects of racism on people of color and on white people
- Oismantling racism
- Claiming and shaping an anti-racist identity
- Racism in the UUA

March 19: Poor People's Campaign

During this budget season, the members of the <u>PA Poor People's Campaign: A National Call for Moral Revival</u> will announce their Moral Agenda for Pennsylvania, intended to serve as a blueprint for legislators to take action on policy in the interest of poor and dispossessed people and the planet. Supporters are encouraged to attend the rally at the state Capitol at 2:30 p.m. March 19. For additional information, please contact Margaret Carrow.

The Moral Agenda encompasses: Voting Rights; Families; Wages, Worker Rights and Social Welfare; Immigration; First Nations people; LGBTQIA people; Education; Healthcare; Disability Justice; Housing and Transportation; Poverty; Mass Incarceration; Ecological Devastation; Militarism and the War Economy.

March 31: Interfaith service on Reproductive Justice

The Pennsylvania Religious Coalition for Reproductive Justice is pleased to co-host an interfaith service of readings, songs, and prayers at 2:00 p.m. Sunday, March 31, at the UCH Market Street campus. A reception will follow. The event is co-sponsored by the UCH's lay-led ministry, We March. We Act. as well as the following organizations: Harrisburg NOW; Planned Parenthood Advocates; PP Fund for Choice; Medical Students for Choice; Pennsylvania Coalition Against Rape; the Women of Color Network; Gather the Spirit; Hershey United; the Pennsylvania Coalition Against Domestic



Violence; and Unitarian Universalist Pennsylvania Legislative Advocacy Network (UUPLAN). Please contact <u>Jim Cavenaugh</u> or <u>Barb Pearce</u> for additional information. Tabling at the reception is invited and encouraged. Please reserve your table by March 21.

April 27: UUPLAN Annual Meeting

UUPLAN will hold its annual planning session from 8:30 a.m. to 3:30 p.m. Saturday, April 27, at the UU Congregation of York, 925 S. George Street, York. Keynote speaker is Paula Cole Jones, presenting "The Power of Networking: Building Communities of Communities." She will moderate a panel along with Ann Keeler Evans of the Poor Peoples Campaign, Carol Kuniholm of Fair Districts PA, Micah Simms of Common Cause, and Tonya Wenger, Social Justice Activist with First UU Church of Berks County. Other panel discussions will occur throughout the day. Please register at the UUPLAN website.



Paula Cole Jones serves as Interim Congregational Life Staff for the UUA's Central East Region. She is a lifelong member of All Souls Church, Unitarian, in Washington, D.C. She is a past president of Diverse & Revolutionary Unitarian Universalist Multicultural Ministries (DRUUMM) and the founder of A Dialogue On Race& Ethnicity (ADORE). Paula is the author of "Reconciliation as a Spiritual Discipline," which appeared in *UU World* magazine in 2004 and a contributing author to three books, *A People So Bold: Theology and Ministry for Unitarian Universalists, Darkening the Doorways*, and *Justice on Earth*, which is this year's <u>UUA Common Read</u>. She is also the editor of Encounters: Poems about race, ethnicity and identity, published by Skinner House Books and co-author, along with Bruce Pollack-Johnson of the 8th Principle, which is being discussed by many UU congregations and has been adopted by some. Lastly, Paula was honored to be invited to be the Sophia Fahs Lecturer at General Assembly this year.